

LEE COUNTY COMMUNITY RESOURCE GUIDE



If you are having a mental health emergency please dial 9-8-8

If you are have a medical emergency please dial 9-1-1

"I NEED..."	WHAT CAN I DO?
<p>MENTAL HEALTH SUPPORT</p> <p><i>"I just had a baby and I'm having scary thoughts. I'm too embarrassed to tell anyone but I know I need help. I don't want to hurt my baby." OR "I am worried about the mental health of my child. Who can I contact?" OR "I am thinking about harming myself. Who can help me?"</i></p>	<ul style="list-style-type: none"> • Suicide & Crisis LifeLine call or text 988 or chat with someone at 988Lifeline.org • Hope4NC (NC DHHS) 24 hr. HELP LINE will connect you to mental health support 1-855-587-3463 / For schools & their families: 919-226-2002 • Daymark 24-hour Crisis Hotline: 866-275-9552 Recovery 919-774-6521 • 24 hour MOBILE Crisis Line (Sandhills) 877-626-1772 Someone will go meet you within 2 hours of your call. • Sandhills Mental Health, Substance Abuse 1-800-256-2452 / Systems of Care (SOC) Coordinators: 336-389-6353 or 910-673-9111 • Advance Behavioral Center (children, adolescent & adults) 919-777-0214 • Life Span Counseling Services (children, adolescent & adults) 919-777-6786 • If you suspect a child may be abused or neglected, call 919-718-4690 / nights, weekends or holidays: 919-775-8286 or 919-718-4560
<p>HELP RAISING MY CHILDREN OR GRANDCHILDREN</p> <p><i>"I just received custody of my grandchildren. I need HELP. Where can I find it."</i></p>	<ul style="list-style-type: none"> • The Enrichment Center of Lee County offers support groups 919-776-0501 ext. 2230 • Lee County Department of Social Services can help. 919-718-4690 • Contact Partnership for Children and Families at 919-774-9496 and ask about Parents as Teachers, Kaleidoscope Play and Learn, and Circle of Parents. • Project Point 5 at https://projectpointfive.org/
<p>CHILDCARE</p> <p><i>"I can't afford childcare. Where can I go for help?"</i></p> <p><i>It's too dangerous to leave my child with just anyone. I want better for them. Plus we can't put childcare needs on Facebook. Predators are looking for people who put their children online! What is a parent supposed to do?"</i></p>	<ul style="list-style-type: none"> • Contact Child Care Search to receive a list of all available childcare facilities close to you. 1-855-231-8717 • Contact Partnership for Children and Families for help with childcare cost. 919-774-9496 • Contact the Department of Social Services to help with childcare cost. 919-718-4690 • Contact Johnston-Lee-Harnett Community Action Head Start. 919-777-9073 • Contact NCPReK if your child is 4 years of age before August 31st. 919-774-9496 (Partnership for Children and Families) • Contact Boys and Girls Club for school age children 888-785-CLUB(2582) ext 801 • YMCA- (919)-777-9622
<p>SUPPORT FOR CHILD WHO LEARNS DIFFERENTLY</p> <p><i>"I am concerned about my child. He/she doesn't seem to be learning things as fast as other children. Who can I turn to for help?"</i></p>	<ul style="list-style-type: none"> • If your child is birth to 3 years of age, contact Sandhills Kids, for Children's Developmental Services Agency (CDSA) at 910-295-3133 • If your child is 3 to 5 year old, contact Floyd Knight school at 919-774-4634 • TheraPlay: 919-774-1281 • Dymond Speech and Rehab PA Services: 919-777-024

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<p>HELP WITH A CHILD ABUSE CASE</p> <p><i>"I have concerns about a child's safety. I think they are being abused and/or neglected. Who can I trust to help me and not cause more problems for the child?"</i></p>	<ul style="list-style-type: none"> • If you think a child is being physically abused or neglected, contact Child Protective Services (CPS) at 919-718-4690 / nights, weekends or holidays: 919-775-8286 or 919-718-4560 • If you believe a child is being sexually abused contact HAVEN in Lee County at 919-774-8923 • Lee County Sheriff's Office (919)-775-5531 • Sanford Police Department (919)-775-8268 • Broadway Police Department (919) 258-9232 • Information 211
<p>PROTECTION FROM SOMEONE</p> <p><i>"I don't feel safe. My partner is physically and/or verbally abusive. Where can I turn for help?"</i></p>	<ul style="list-style-type: none"> • If you or someone you know is in immediate danger, please call 911. • HAVEN in Lee County: 919-774-8923 • Lee County Social Services: 919-718-4690 • Lee County Sheriff Office (919)-775-5531 • Sanford Police Department (919)-775-8268 • Broadway Police Department (919) 258-9232
<p>EVICTIION HELP / UTILITIES HELP</p> <p><i>"I am going to be evicted from my home. I can't pay for utilities. What can I do?"</i></p>	<ul style="list-style-type: none"> • Lee County Social Services: 919-718-4690 • Outreach Mission (919)-774-7112 • Life Springs Dream Center (919)-721-9143 • Johnson-Lee Community Action (919)-776-0746 • Brick Capital- (919)-775-2300 • Salvation Army: 919-718-1717 • Legal Aid of NC (legal US residents): 1-866-219-5262
<p>HOUSING</p> <p><i>"My children and I are living with friends and we need to move into our own place."</i> OR <i>"My children and I need housing. We are homeless or may soon be."</i></p>	<ul style="list-style-type: none"> • Outreach Mission, Inc. : 919-776-8474 • CUOC- (919)-774-8485 • Salvation Army: 919-718-1717 • Department of Social Services: 919-718-4690 • Family Promise of Lee County: 919-718-1540 • The Sanford Housing Authority, HUD 919-776-7655
<p>EMPLOYMENT</p> <p><i>"I need help finding a job to support my children."</i></p>	<ul style="list-style-type: none"> • Department of Social Services (Work First Assistance): 919-718-4690 • Employment Security Commission: 919-775-2241 • Harnett County JobLink (NC Works Career) Center: 910-814-4042 • Salvation Army (Jobs for Life): 919-718-1717 • Staff Agencies: Belflex (919)-718-0403, Express Employment (919)-7751292, Mega Force (919)-774-8500, Kelly Services (919)-708-5227 • Career Center & NC Works (919)-775-2241
<p>TRANSPORTATION</p> <p><i>"I don't have transportation to take my child to a doctor's appointment."</i></p>	<ul style="list-style-type: none"> • Contact the County of Lee Transit System (COLTS): 919-776-7201. Note: Their general and operating hours are from 7:30am to 5:00pm, Monday through Friday. This service needs to be scheduled in advance. • Taxi/ Friendly Rides: 919- 292-4132
<p>MEDICAID FOR MY CHILD</p> <p><i>"I don't have transportation to take my child to a doctor's appointment."</i></p>	<ul style="list-style-type: none"> • Contact Lee County Social Services: 919-718-4690 • Information 211

**To suggest corrections or updates, please contact
Charity McLean at charitym@pfcf.org**

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